



“Old Camel Knees”

**James
5:13-18**

#1 The Call for Prayer (vv. 13-15).

- **Pray when you are IN DISTRESS (v. 13a).**
- **This suffering will cause us to LOSE HOPE.**
- **Pray when you ARE SMILING (v. 13b).**

Solomon said, *“There is a time to weep and a time to laugh. A time to mourn and a time to dance”* (Ecclesiastes 3:4).

- **Pray when you have**
PHYSICAL SICKNESS
(vv. 14-15).

Paul said, *“This is why many are sick and ill among you, and many have fallen asleep (DIED)* (1 Corinthians 11:30).

“When I kept silent about my sin, my body wasted away. Through my groaning all day long. For day and night Your hand was heavy upon me; My vitality was drained away as with the fever heat of summer” (Psalm 32:3-4).

#2 The Effectiveness of Prayer (vv. 16-18).

- **Confession of sin is HEALTHY (v. 16).**
- **Fervent prayer is prayer WITH ENERGY (v. 16).**
- **Pray SPECIFIC PRAYERS (vv. 17-18).**

