

# Whitewater Adventure 3

## July 5-9, 2010

### What to Bring to Whitewater Adventure

- Bible, Pen
- A spirit of cooperation and *flexibility*
- Pillow
- Sleeping bag / Linens
- Shower Items (towels, washcloths, toiletries, shower shoes)
- Sunscreen/burn lotion
- Rain gear
- Light jacket
- Emergency funds or extra spending money
- No Opened Toe Shoes for rafting
- Swimsuit (girls one piece or t-shirt)
- Plastic Bag for wet clothes
- Paintball- long pants (exposed skin really hurts)

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**TRIP INFORMATION**

**Load: Monday 9:30am**

**Depart: Monday 10am**

**Return: Friday 9pm**

**Money**

**4 meals, snacks, and souvenirs**

**CONTACT INFORMATION**

**Scott Morrison 293-4817**

**Whitewater Express**  
**Copperhill, TN 423-496-9126**

**In Vidalia: Marie Warnock 537-4196**

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### Schedule

#### Monday

9:30am- Load  
10am- Depart  
Noon- Lunch  
5:00pm- Supper  
7pm- Session 1: Connected to God  
8pm- Night Climb  
11pm- Lights Out

#### Tuesday

7-8am- Morning Devotion/Breakfast  
8:30am- rafting Nanty  
Noon- Lunch  
5- Activities (paintball, horseback, etc.)  
8pm- Session 2: The Standard Bearer  
11pm- Lights Out

#### Wednesday

7-8am- Morning Devotion/Breakfast  
9am- Session 3: Truly Selfless  
10am- activities  
Noon- Lunch  
1pm- Mission Project  
5-6pm- Supper  
8pm- Session 4: Courageous and Controlled  
11pm- Lights Out

#### Thursday

7-8am- Morning Devotion/Breakfast  
8am- Mission Project  
5-6pm- Supper  
8pm- Session 5: Magnetic  
9pm- Bonfire  
11pm- Lights Out

#### Friday

7-8am- Morning Devotion/Breakfast  
8:30am- rafting Ocoee/activities  
Noon- Lunch  
2pm- Depart Camp  
9pm- Return to Vidalia